

14. On the Day the earth and the mountains will convulse and the mountains will become a heap of sand pouring down.
15. Indeed, We have sent to you a Messenger as a witness upon you just as We sent to Pharaoh a messenger.
16. But Pharaoh disobeyed the messenger, so We seized him with a ruinous seizure.
17. Then how can you fear, if you disbelieve, a Day that will make the children white-haired?¹⁶⁵⁵
18. The heaven will break apart therefrom;¹⁶⁵⁶ ever is His promise fulfilled.
19. Indeed, this is a reminder, so whoever wills may take to his Lord a way.
20. Indeed, your Lord knows, [O Muḥammad], that you stand [in prayer] almost two thirds of the night or half of it or a third of it, and [so do] a group of those with you. And Allāh determines [the extent of] the night and the day. He has known that you [Muslims] will not be able to do it¹⁶⁵⁷ and has turned to you in forgiveness, so recite what is easy [for you] of the Qur'ān. He has known that there will be among you those who are ill and others traveling throughout the land seeking [something] of the bounty of Allāh and others fighting for the cause of Allāh. So recite what is easy from it and establish prayer and give zakāh and loan Allāh a goodly loan.¹⁶⁵⁸ And whatever good you put forward for yourselves – you will find it with Allāh. It is better and greater in reward. And seek forgiveness of Allāh. Indeed, Allāh is Forgiving and Merciful.

¹⁶⁵⁵ Another meaning is "How can you avoid [punishment]" on such a Day?

¹⁶⁵⁶ From the terror of that Day.

¹⁶⁵⁷ Allāh has known that if they were to continue in such long periods of worship each night, the people would be caused much hardship.

¹⁶⁵⁸ In the form of charities and contributions to His cause.

Sūrah al-Muddaththir¹⁶⁵⁹***Bismillāhir-Raḥmānir-Raḥeem***

1. O you who covers himself [with a garment],¹⁶⁶⁰
2. Arise and warn
3. And your Lord glorify
4. And your clothing purify
5. And uncleanness¹⁶⁶¹ avoid
6. And do not confer favor to acquire more¹⁶⁶²
7. But for your Lord be patient.
8. And when the trumpet is blown,
9. That Day will be a difficult day
10. For the disbelievers – not easy.
11. Leave Me with the one I created alone¹⁶⁶³
12. And to whom I granted extensive wealth
13. And children present [with him]
14. And spread [everything] before him, easing [his life].
15. Then he desires that I should add more.
16. No! Indeed, he has been toward Our verses obstinate.
17. I will cover him with arduous torment.
18. Indeed, he thought and deliberated.¹⁶⁶⁴

¹⁶⁵⁹ *Al-Muddaththir*: The One Who Covers Himself (with a garment).

¹⁶⁶⁰ Referring to the Prophet (ﷺ).

¹⁶⁶¹ Specifically, idols or generally, bad conduct and morals.

¹⁶⁶² An alternative meaning is "Do not consider any favor you have conferred to be great."

¹⁶⁶³ i.e., without wealth or children. The reference is to al-Waleed bin al-Mugheerah, who after inclining toward the Qur'ān, denied it publicly in order to win the approval of the Quraysh.

¹⁶⁶⁴ About what he would say concerning the Qur'ān and how he might discredit the Prophet (ﷺ).